

## *Strategy to Strengthen the Sakinah Family through Fiqh Education on Gender Equality for Students of the Islamic Science University Malaysia (USIM)*

### Strategi Penguatan Keluarga Sakinah melalui Edukasi Fiqh Kesetaraan Gender bagi Mahasiswa University Sains Islam Malaysia (USIM)

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#### **Abstract**

*Students of the Faculty of Syariah and Law at Universiti Sains Islam Malaysia (USIM) hold a strategic position as pioneers of social change in various aspects of life. Social issues that advocate for justice, welfare, and equal rights present significant challenges for these students. This is particularly true in matters of gender equality and justice, which have become widely discussed topics over the past two decades across all sectors. Indeed, social justice and quality of life stem from a prosperous family, known as a sakinah family. Through mentoring and education on gender equality fiqh, USIM students are encouraged to have the same platform, knowledge, and experience in responding to various social inequalities caused by gender-biased values. Based on data analysis, there has been a significant change among USIM students, who initially doubted the importance of gender equality approaches in resolving various family issues, becoming more open and determined to plan actions to introduce the concept of a sakinah family based on gender equality fiqh within their families and communities.*

**Keywords:** Sakinah Family, Education, Fiqh Gender Equality

#### **Abstrak**

*Mahasiswa Fakultas Syariah dan Undang-undang Universiti Sains Islam Malaysia (USIM) memiliki posisi yang strategis sebagai pelopor perubahan sosial dalam berbagai aspek kehidupan. Isu-isu sosial yang menyuarakan penegakan keadilan, kesejahteraan dan persamaan hak menjadi tantangan besar bagi mahasiswa. Terutama dalam persoalan kesetaraan dan keadilan gender yang dalam dua dasawarsa terakhir menjadi isu yang banyak dibicarakan oleh semua kalangan. Sesungguhnya keadilan sosial dan kualitas hidup berangkat dari keluarga yang sejahtera, yakni keluarga sakinah. Melalui pendampingan dan edukasi fiqh berkesetaraan gender ini mahasiswa USIM diajak untuk memiliki platform yang sama, pengetahuan dan pengalaman yang sama dalam merespon beragam ketimpangan sosial yang diakibatkan nilai-nilai yang bias gender. Berdasarkan hasil analisis data, terdapat perubahan signifikan dari mahasiswa USIM yang semula memiliki keraguan tentang pentingnya pendekatan kesetaraan gender dalam menyelesaikan beragam persoalan dalam keluarga menjadi lebih terbuka dan bertekad untuk merencanakan aksi mengenalkan konsep keluarga sakinah berbasis fiqh kesetaraan gender dalam keluarga dan di komunitas mereka.*

**Kata kunci:** Keluarga Sakinah, Edukasi, Fiqh Kesetaraan Gender

## **1. INTRODUCTION**

The Sakinah family is one of the main goals in married life. This harmonious and prosperous family is not only the basis for individual happiness but also a strong foundation for a just and prosperous society. (Hatul Lisaniyah et al., 2021) However, the challenges in realizing a sakinah family are increasingly complex in the modern era, where various social, economic, and cultural issues also affect the dynamics of family life. One of the crucial issues that is often faced is gender inequality, which can affect balance and harmony in the household. (Agus Hermanto, 2024)

Gender equality is very urgent in achieving balance and harmony in the household. When men and women are given equal opportunities to participate and make decisions, both in

domestic and professional aspects of running a household, they can support each other and respect each other's roles and contributions. (Ririn Triswanti, 2024) It will also reduce conflicts and increase cooperation, thus creating a harmonious environment. Gender equality also ensures that each family member can develop optimally, without being constrained by gender-based stereotypes or restrictions. Therefore, gender equality not only has a positive impact on individuals but also the well-being and resilience of households. (Hatul Lisaniyah et al., 2021)

However, the fact is that in domestic life, gender inequality is still a concern in various countries, including Indonesia and Malaysia. In Indonesia, many women are still experiencing a double burden because they are expected to take care of the household while working outside the home. Data shows that women in Indonesia spend more time on domestic work than men, which is often not economically valued. A similar situation occurs in Malaysia, where cultural and social norms often place women in traditional roles as primary caregivers. This not only limits women's opportunities for careers but also reinforces harmful gender stereotypes. Despite efforts from governments and organizations to improve gender equality, real change at the household level still requires consistent time and effort. These inequalities reflect broader challenges in achieving gender equality globally. (Cendy & Kartasasmita, 2024)

Government efforts in gender equality involve a range of strategic and policy measures aimed at reducing the gap between men and women in various sectors. (Chandra et al., 2024) One of the important initiatives is women's empowerment through increasing access to education, by doing community service to the international community, namely students of the Islamic Science University of Malaysia (USIM) because students have a vital role as agents of change in dealing with gender inequality. As individuals who are at the top of their quest for knowledge and self-development, they are equipped with the knowledge and critical skills to analyze and address social issues. By leveraging academic platforms and student organizations, they can voice awareness about the importance of gender equality and promote policies that support gender justice. Through various initiatives, such as seminars, discussions, and campaigns, students can educate the public and encourage changes in attitudes and discriminatory behaviors.

This community service activity can provide a deeper understanding of gender equality based on the latest research and theories on gender issues. In addition, this program also provides a space for the community to dialogue and share experiences, to create collective awareness about the importance of gender equality. This service activity also has a very wide impact, including increasing public understanding of women's rights, strengthening the role of women in various sectors of life, and creating a more inclusive and equitable environment for men and women. Thus, this service program not only increases knowledge but also encourages positive and sustainable social change.

## 2. METHOD

The method of implementing this community service activity is carried out through lectures and question-and-answer sessions. In the first stage, the presenter provided in-depth knowledge to the participants about the fiqh of gender equality. This method was chosen because it allows for the delivery of structured and systematic information, as well as allowing direct interaction between the presenter and the participants. In this lecture, the speaker explained the principles of fiqh that support gender equality, thoroughly explored issues that are often misunderstood, and provided concrete examples of Islamic teachings that support equal rights and roles between men and women. Thus, it is hoped that participants can gain a better and comprehensive understanding of gender equality fiqh, and be able to apply it in daily life.

In the second phase of this community service activity, participants will engage in an interactive dialogue that allows them to provide reviews related to gender equality. The dialogue is designed to create an open and constructive discussion space, where participants can share their views, experiences, and innovative ideas to promote gender equality in society. Through this

approach, it is hoped that participants will not only improve their understanding of gender issues but also actively contribute to finding practical solutions that can be applied in the context of daily life. This activity also aims to empower participants who play the role of students to become agents of change that can encourage social transformation toward a fairer and more equitable society.

### 3. RESULTS AND DISCUSSION

#### **Socialization of Strengthening the Sakinah Family through Fiqh Education on Gender Equality**

The community service activity with the theme of Strengthening the Sakinah Family through Gender Equality Fiqh Education for USIM Malaysia students began with various careful planning and preparations. The Service Team consisting of 3 people from an early age has identified various needs that support the successful implementation of service and the achievement of its goals. Among the stages of socialization activities carried out by the Service Team are as follows:

##### **Planning and Preparation**

The initial stage of planning this socialization activity began with intense communication with USIM Malaysia officials to make a commitment to the service program and equalize the perception of the details of the Service Team's plan to carry out community service in the USIM Malaysia student community. After there is an agreement on the timeline of activities and the substance of the material that will be delivered to USIM students, the next step is for the Service Team to formulate the main goal to be achieved, which is to increase the understanding of USIM students and the community about gender equality fiqh and its application in family life to form a sakinah family. The community service team, whose daily life is a lecturer in the Islamic Family Law (HKI) FAI UNISMA study program with expertise in the field of fiqh and gender, was formed with a clear division of duties. Each team member has specific roles and responsibilities, from material preparation to logistics coordination. This step is important to ensure that all aspects of the activity have been carefully considered.

Then the Service Team began to collect, select, and compile material formatted in the form of PowerPoint presentation slides. The depth and breadth of the material include the study of Islamic fiqh literacy, especially those that are in line with the principle of gender equality, the concept of the sakinah family, strategies for achieving or forming a sakinah family, examples of cases and practices of gender equality fiqh literacy. The Service Team collaborates with peers, gender activists, and leaders within the study program to examine and provide their opinions on the feasibility of the substance of the service material.

The next step is to plan and formulate an activity program that will be implemented when carrying out service at a partner institution, namely the USIM Malaysia campus. The planned activity program includes focus group discussions (FGD) with lecturers and leaders at the Sharia faculty and the USIM Malaysia Law, counseling or mini-seminars, panel discussions, and interactive dialogue sessions. The program of this activity was prepared in detail and in detail including opening sessions, elicitation sessions, material presentations, question and answer discussions, and ended with a closing statement from the Service Team. Before and after the service activities are carried out, it is planned to disseminate pre-test and post-test activities for study materials and analysis of the material presented on this occasion.

One of the factors supporting the smooth and successful program of service activities is the support of infrastructure, learning media, and other teaching aids. Therefore, the Service Team has prepared various service needs including confirmation of the place of service, the number of students present, the availability of adequate rooms, support for information technology equipment, and other infrastructure equipment. The use of social networks is used by the Service Team to disseminate this activity plan so that it can be known and increase the enthusiasm of

students participating in this event. Through design and preparation as early as possible, accompanied by the hope that this socialization activity can be carried out well and achieve the expected goals.

### **Formulating the Goals and Objectives of Service**

The objectives of the implementation of community service activities in the environment or the community of USIM Malaysia educational institutions are:

*First*, this activity is to increase the understanding of USIM students about the concept of fiqh for gender equality in Islam. This education aims to explain the theological foundations and basic principles of gender equality fiqh, as well as how the concept is applied in daily life. With a better understanding, students are expected to be able to apply the values of equality in their family relationships, which contributes to the formation of a sakinah family.

*Second*, it is to encourage USIM students of the Faculty of Sharia and Law, especially to implement the principles of fiqh of gender equality in their family lives. Through this activity, participants not only gain theoretical knowledge but also practical skills through simulations, discussions, and role plays. These practices are expected to be applied in daily interactions at home, such as in shared decision-making, division of tasks, and fair and balanced communication between family members.

*Third*, it is to develop awareness and positive attitudes towards gender equality among students of the faculty of sharia and USIM law. This activity aims to form an attitude that respects gender equality and justice as important values in Islam and family life. With increased awareness, it is hoped that participants will become agents of change in their communities, internalize the values of gender equality, and help create a harmonious family environment and sakinah mawaddah wa rohmah.

Meanwhile, the main target of this activity is USIM students from the Faculty of Sharia and Law semester VI. As a young generation and future leaders, students are expected to have a strong understanding of gender equality fiqh and how to apply it in family life. This education aims to equip them with practical knowledge and skills that can be applied in forming a harmonious and fair sakinah family. Another indirect but very important target is the student's family and the community around USIM. Through the education provided to students, it is hoped that knowledge about gender equality fiqh will spread to their families and the wider community. Students can become agents of change that bring the values of gender equality and justice into the family and community environment, resulting in more sakinah families in their communities.

### **Preparation of the Work Team**

For this community service activity to run smoothly and achieve the desired goals, it is necessary to prepare an effective and organized work team. The following is the structure of the work team along with their respective duties and responsibilities:

The Head of the Service Team is Mr. Dr. Moh Muslim, M.Ag as the Head of the Islamic Family Law Study Program UNISMA as well as acting as the person in charge of service activities. His job is to lead the entire activity while ensuring that all team members are working according to their duties, and maintaining coordination between all parties involved. This includes supervising the planning and implementation of activities, holding coordination meetings, and being the main liaison with USIM.

The Deputy Team Leader, Mrs. Dr. Shofiatul Jannah, S.HI, M.HI, from the element of lecturers of the IPR study program is responsible for assisting the team leader in coordinating activities and taking over the duties of the team leader if needed. The vice chairperson's main duties are to assist in planning activities, monitor implementation, and ensure all logistical needs are met. This includes compiling evaluation questionnaires, gathering feedback during and after activities, and compiling evaluation reports for future improvements.

The Coordinator of Resource Persons and Materials, namely Mr. Khoirul Asfiyak, S.Ag, M.HI, from the MHI study program lecturers who are responsible for contacting and coordinating resource persons, as well as ensuring that the material presented is relevant and in accordance with the objectives of the activity. In this service activity, Mr. Khoirul Asfiyak acted as a resource person or facilitator at the place where the service took place. The facilitator's coordinator's job is to facilitate group discussions, assist participants in understanding the material, and direct simulation activities to run effectively.

### **Implementation of PkM in the Form of Strengthening the Sakinah Family through Fiqh Education on Gender Equality for Students of the Islamic Science University of Malaysia (USIM)**

Community Service Activities (PkM) with the theme "Strengthening the Sakinah Family through Fiqh Education for Gender Equality" was carried out with the aim of increasing USIM students' understanding of the importance of gender equality in Islam and its application in family life. This activity is designed to provide a comprehensive and practical understanding through a series of interactive and educational events.

The implementation of service at USIM Malaysia began with a ceremonial event coordinated by the USIM campus. On this occasion, a lecturer representative from USIM Malaysia, Mr. Dr. Mualimin Mochamad Sahid, explained to students the nature and purpose as well as a series of service activities so that they can be understood by all students. Understanding the substance of this service activity is important to spark student motivation and participation regarding the material delivered by the Service Team, so that it can minimize resistance from students.



Figure 1. The Service Team conducted an FGD with USIM Malaysia Lecturers

The next stage is the delivery of material by the main speakers. The resource person, who has a background as an Islamic family law lecturer as well as a practitioner in the Center for gender studies on campus, began by explaining the concept of fiqh for gender equality in Islam. The material includes theological foundations, basic principles, and practical examples of the application of gender equality fiqh in daily life. The resource person also explained the concept of the sakinah family, how gender equality can strengthen family relationships, as well as the positive impact of the application of these principles.

Furthermore, the Service Team delivered material with the theme of strengthening sakinah families based on fiqh gender equality in the form of interactive dialogues. The facilitator or resource person then explained the concept of the sakinah family based on turats literacy



scattered in tafsir books and books with fiqhiyah nuances. In general, in the context of Islamic teachings, the *sakinah* family refers to a family state that is filled with tranquility, peace, and harmony between family members, including a relationship full of affection, understanding, and support between husbands, wives, and other family members. The concept of *Sakinah* is one of the goals in forming a quality family according to the law (*sharia*) and the principles of Islamic teachings, which is the foundation for achieving happiness and prosperity together. (Muklisin, 2023) The *Sakinah* family is a typical family in which the grace of Allah SWT is poured into it, and each individual can have and carry out their rights and obligations well. Under certain conditions, women or wives have the opportunity to carry out various roles, for example, they can act as wives and mothers, and if possible, they can work outside the home on the condition that they do not pose a danger and have received the consent of their husbands. (Afiyah, 2022)

The facilitator invited all USIM students who attended this service activity to agree together that harmony in the concept of the *sakinah* family will foster a sense of security, comfort, and love among each family member, This harmony can be shown through attention, care, and support, so that children feel that they are cared for and loved.



Figure 2. Interactive dialogue process between facilitators and students

Furthermore, the facilitator explained the concept of *fiqh* with gender equality, which began by examining the concept of gender equality first. In his presentation, the resource person stated that gender equality is a multidimensional concept that includes the equality of rights, responsibilities, and opportunities of individuals regardless of their gender. This gender equality is a principle that aims to eliminate discrimination based on gender and ensure that men and women can participate fully in all aspects of life, including social, economic, and political fields. (Khristina Mashtalir, Olha Kapitan, 2022) Furthermore, the facilitator added that gender equality has profound implications for economic development and social justice, as evidenced by various studies. Empirical research shows that gender equality significantly increases economic growth in developing countries by increasing women's participation in the workforce, thereby increasing overall productivity and economic output. (Pervaiz et al., 2023) Finally, the facilitators concluded that gender equality can significantly improve the quality of life of men and women through various mechanisms. Research shows that gender equality leads to greater well-being and guarantees life satisfaction for everyone, not just women. Men also experience substantial gains in life satisfaction when gender equality is achieved, suggesting that equality benefits society as a whole. (Andre P. Audette, Sean Lam, Haley O'Connor & Published, 2019)

After the presentation, the event continued with a question and answer session where participants were allowed to ask questions to the speakers. The questions asked covered various practical issues related to the application of *fiqh* on gender equality in the family. This session was very interactive, with participants and speakers discussing in depth. After the question and answer, participants were divided into several small groups for further discussion. Each group was accompanied by a facilitator from the community service team. This group discussion aims

to deepen the understanding of participants and invite them to share their personal views and experiences. The results of the group discussion were then presented again in front of all participants, followed by feedback from the resource persons.



Figure 3. Dialogue and questions about service materials

To provide a practical experience, simulation sessions, and role plays were carried out. Participants were given a scenario of a family situation where they had to apply the principles of fiqh on gender equality. Through this simulation, participants learned how to communicate effectively and fairly in the family as well as techniques for handling conflicts that may arise. This activity is designed to hone participants' skills in managing gender issues in the context of households.

The event ended with a reflection and evaluation session. Participants were asked to share what they had learned and provide feedback on the activity. The committee collects this feedback through questionnaires and open discussions. The results of the evaluation showed that participants felt more understanding about the fiqh of gender equality and were ready to apply it in their family lives. The closing of the event ended with the handing over of certificates to the participants as a form of appreciation for their participation, as well as a closing prayer asking for the knowledge gained to be useful and applied in daily life.

By going through these stages, community service activities at USIM have succeeded in achieving their goals, which are to increase awareness and understanding of the importance of gender equality in forming *sakinah* families, as well as providing practical skills that can be directly applied by participants.

### **Evaluation of the implementation of PkM Activities at University Sains Islam Malaysia (USIM)**

After the implementation of the *Sakinah* Family Strengthening activity through Gender Equality Fiqh Education for students of Universiti Sains Islam Malaysia (USIM), the community service team conducted an in-depth evaluation to assess the success and impact of the activity. This evaluation covers various aspects, from participant participation to the effectiveness of the material delivered and the implementation of practices in daily life.

### **Participant Participation and Enthusiasm**

Actually, the implementation of this activity was carried out not on the effective day of lectures, because according to the applicable academic calendar, USIM has entered the lecture holiday period. However, USIM is strongly committed to presenting several students to participate in this activity to strengthen the *sakinah* family based on fiqh for gender equality. The participation of students and several lecturers of the Faculty of Sharia and Law is an indicator that

this service activity has its attraction and at the same time is proof of a strong form of cooperation between the Service Team from the Faculty of Islamic Religion Unisma and the USIM Malaysia academic community. Likewise, the active participation of students and lecturers in dialogue sessions and collaborative discussions reflects the enthusiasm of participants to understand and a strong desire to implement the principles of fiqh for gender equality in the context of the family. In general, the subject of service shows a strong commitment to jointly share knowledge and experience in the forum, this indicates the success of the service team in attracting the interest and participation of participants.

### **Material Understanding**

Based on data analysis and feedback obtained through the dissemination of questionnaires, generally, students indicated a significant increase in their understanding of the concept of gender equality fiqh even though they had doubts at first. Before the activity, many participants admitted to having a limited or even wrong understanding of this topic of gender equality. However, after listening to and discussing crucial themes in the sakinah family based on gender equality from the speakers and intensely participating in the discussion, the participants felt more confident and understood about how the principles of fiqh gender equality can be applied in family life to form a sakinah family. The community of service agrees that the ideas of gender equality only apply to the context of social relations or interactions and do not touch or even shift the sacred normative text.

### **Quality of Resource Persons and Materials**

The performance and quality of the facilitators of this service activity have a background that is relevant to the theme of service because, in addition to teaching the Gender in Islamic Law course, the resource person has also held the position of secretary of the Center for Gender Studies on the Unisma campus. Thus, directly or indirectly, it also has a fairly positive impact on this service activity program. Resource persons with an andragogy learning approach are considered to have competencies that are relevant to the theme of service and in turn, are able to communicate the theme of service clearly and comprehensively. The use of case studies and actual examples of daily life in the field presented by the resource persons, so far as to help participants relate theory to real situations. The material presented was considered relevant and supported the purpose of the activity, which was to provide comprehensive and applicable education about the fiqh of gender equality.

### **The Effectiveness of Interactive Dialogue Sessions**

The andragogy learning approach used by the resource persons was ultimately able to trigger a positive response from students of the Faculty of Sharia and USIM Law who were present as the subjects of this service. The interactive and friendly dialogue practiced by the speakers in delivering the material made USIM students feel freer to share their views and clarify their knowledge and life experiences about various issues circulating them. At the same time, the Facilitator has also succeeded in directing the discussion to always stay focused and productive. Moreover, in the simulation session, the facilitator gave students a full opportunity to demonstrate the principles of gender equality in the sakinah family as if it resembled real life, thus strengthening their understanding and skills.

### **Follow-up Plan and Practical Implementation of the Service Theme**

The implementation in students' daily lives regarding the principles of the sakinah family framed in the fiqh of gender equality is the main goal expected from this service activity. Based on the results of the analysis and evaluation of the activity, it appears that there is a strong indication from students who express readiness, concern, alignment, and commitment to apply what they have learned in their own families. This indicator can be found when students share concrete plans on how they will implement the principles of gender equality fiqh in their family interactions so that the ideals of a sakinah family with Islamic nuances can be realized to the maximum.





Figure 4. Group photo after the implementation of service activities

### Challenges Faced

In general, the implementation of this service activity can be said to have been successful, although there are still some shortcomings in various aspects. This shortcoming is a separate record and will be positioned as a challenge to make improvements in service activities in the future. As well as the allocation of time that does not go hand in hand with the depth and breadth of service materials, resulting in some study themes being mentioned only in general terms. The time allocation of only 1 hour is not enough to complete all the planned service materials. Likewise, the timing of the implementation of activities scheduled on days is less effective, resulting in the participation of USIM students is not optimal. Nevertheless, the community service team has been able to address most of these challenges through good coordination and flexible schedule adjustments.

### 4. CONCLUSION

Overall, the results of the evaluation indicated that community service activities with the theme of Strengthening the Sakinah Family through Gender Equality Fiqh Education for USIM students ran successfully and achieved its main goal. Students as recipients of this service activity showed an increase in understanding and commitment to implement the principles that had been learned. Referring to the results of the evaluation as well, the service team recommended continuing similar activities with several improvements, such as extending the duration, expanding the topics discussed, and involving more speakers. This is expected to increase the positive impact of community service activities in the future. Through responsible implementation and evaluation like this, community service programs that will be carried out in the future can become role models for other similar community service programs, which focus on education and implementation of relevant Islamic values in daily life, especially in forming a sakinah family through gender equality.

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