The Crisis of Muslim Family Resilience in the Al-Quran Perspective: Solutions and Strategies in the Digital Era

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Abstrak

　　　Ketahanan keluarga muslim merupakan unsur penting dalam menjaga keberlanjutan masyarakat yang berlandaskan nilai-nilai Islam. Di tengah transformasi budaya dan teknologi, keluarga merupakan benteng pertama bagi anggotanya untuk memelihara akhlak mulia, keimanan dan nilai-nilai spiritual yang diajarkan dalam Al-Qur'an. Pentingnya ketahanan ini tidak hanya untuk menghadapi tantangan zaman, tetapi juga untuk membangun generasi yang teguh imannya dan berkontribusi positif bagi umat. Al-Qur'an memposisikan keluarga sebagai institusi yang harus menjaga kekuatannya melalui kasih sayang, tanggung jawab dan keharmonisan antar anggotanya. Ketahanan ini memungkinkan keluarga untuk menjalani kehidupan dengan prinsip keadilan dan kebersamaan meskipun dihadapkan pada berbagai ujian, termasuk pengaruh era digital. Dengan menjadikan keluarga sebagai pusat pembentukan karakter dan pembelajaran agama, nilai-nilai Islam dapat terus diwariskan dengan penuh vitalitas dari satu generasi ke generasi berikutnya.

Kata kunci : Ketahanan Keluarga Muslim, Perspektif Al-Qur'an, Solusi dan Strategi.

Abstract

　　　Muslim family resilience is an essential element in maintaining the sustainability of a based society Islamic values. In the midst of cultural and technological transformation, the family is the first fortress for its members to maintain noble morals, faith and spiritual values taught in Al-Qur'an. The importance of this resilience is not only to face the challenges of the times, but also to build a generation that is steadfast in faith and contributes positively to the people. The Koran positions the family as an institution that must maintain its strength through love, responsibility and harmony between members. This resilience allows families to live life with the principles of justice and togetherness even though they are faced with various tests, including influence digital age. By making the family the center of character formation and religious learning, Islamic values can continue to be passed on with full vitality from one generation to the next.

Keyword: Resilience Muslim Family, Al-Quran Perspective, Solution in Digital Era.

1. INTRODUCTION

　　　Family resilience in Islam refers to the ability of a family to maintain integrity, harmony and a sense of responsibility in living life in accordance with the values taught by the Al-Quran and Sunnah. In this concept, the family is considered the main pillar of society which must be strong spiritually, emotionally and socially to face various challenges, including in the modern era. Islam views the family's resilience as a system based on faith in God, love between family members, and the application of noble morals in everyday life (Hossain et al., 2024). A strong family is a family that is able to create an environment that is conducive to the spiritual and moral growth of its members, so that individuals with good character are formed and contribute positively to society (Zafar & Malik, 2025). In the Islamic view, family resilience also includes the ability to resolve conflicts through a wise approach and based on the principles of justice. The Al-Quran provides clear directions regarding the role of each family member in maintaining harmony,

maintaining healthy relationships, and sharing responsibility in educating children, so as to create a family that is strong and able to face all of life's trials (Banoo & Ahmed, 2024).

The digital era offers rapid technological developments, but also presents serious challenges for Muslim families. Lifestyle changes, easy access to negative information, and increased dependence on digital devices can disrupt family harmony. The inability to maintain communication and emotional involvement due to the influence of technology often causes a breakdown in relationships between family members. Apart from that, Muslim families also face challenges in protecting Islamic values amidst the rapid flow of information that is not in accordance with religious principles. Digital content that is less educational or even contrary to Islamic morals is a real threat to children's character formation. Lack of oversight of technology use can be detrimental religious education, thus affecting the spiritual resilience of the family (Sukmana et al., 2022).

The younger generation is often exposed to global culture that is not always in line with Islamic teachings, which can create a shift in values within the family. This challenge requires Muslim families to be wiser in managing the influence of technology. It is important for parents to play an active role in providing children with a strong understanding of Islam and utilize technology as a supporting tool, not a barrier, in building a harmonious family with noble morals (Abdullah et al., 2024).

Literature Review

The digital era has had a significant impact on family life, both positively and negatively. On the one hand, ease of information and communication provides opportunities for families to stay connected, even though they are far apart (Kautsar & Lestari, 2021). However, on the other hand, uncontrolled use of technology is often the cause of decreasing the quality of direct interaction between family members, disrupting household harmony. Changes in communication patterns due to the dominance of technology have reduced quality time that should be used to build emotional relationships. Family interactions are often replaced by digital devices, such as cell phones or social media (A. A. Ghani et al., 2019). As a result, children tend to receive less parental attention, while married couples are also at risk of experiencing greater emotional distance. In addition, the digital era introduces new challenges in the form of exposure to content that is not in accordance with Islamic values, which can influence the mindset and behavior of family members, especially children (Jakfar, 2024). The absence of strict controls over the use of technology creates loopholes that allow the infiltration of less educational outside cultures. This requires every Muslim family to be wiser in managing technology in order to maintain a balance between digital progress and family resilience (Yusoff et al., 2019).

Al-Quran Perspective on Family Resilience

In the Al-Quran's perspective, family resilience is based on strong faith and commitment in carrying out Islamic teachings. The Quran emphasizes the importance of the role of parents as leaders in instilling Islamic values and maintaining household harmony. Allah's word in Surah At-Tahrim verse 6 reminds people to protect themselves and their families from the fire of hell through righteous practices (Rahman et al., 2024). The Koran also emphasizes justice, compassion and responsibility within the family. In Surah An-Nisa verse 34, Allah explains that each family member has a role that must be carried out with the intention of worship. This concept shows that the strength of a family is rooted in the synergy of complementary roles and responsibilities in deep bonds of faith, not just material factors (Syihabudin et al., 2023).

Momentum to build family resilience must start from joint efforts by using the Koran as the main guide. Principles like deliberation[6] (shura), as mentioned in the letter Ash-Shura verse 38, is a means of maintaining harmony in the family. By applying the Al-Quran approach, Muslim families have clear guidance in facing various challenges of the times in order to maintain the existence and strength of the family institution (Ukil et al., 2024).

Family Values in the Quran

Family values in the Al-Quran reflect the concepts of happiness, harmony and responsibility based on faith in Allah SWT. One of the main values is love which is the foundation of relationships between family members (Muhammad & Suwarti, 2023). The word of Allah in Surah Ar-Rum verse 21 shows that Allah created couples and made mawaddah (love) and rahmah (affection) the identity of a family. Apart from compassion, the value of justice is also an important principle emphasized in the Koran. In Surah An-Nisa verse 135, Allah commands humans to act fairly, even towards themselves or their closest family. Justice in the family includes giving equal rights to each member and managing responsibilities proportionally according to their respective roles, creating strong harmony in the household (Fateminejad & Hasanvand, 2024).

The Koran also teaches the importance of deliberation in family life. Surah Ash-Shura verse 38 shows that joint discussion is a recommended mechanism for reaching good decisions in various aspects of life. Deliberation not only creates understanding but also increases each family member's sense of ownership of the decisions taken, so that family harmony is maintained in accordance with Islamic guidance (H. A. Ghani & Azam, 2023).

The Role of Parents in Forming Family Resilience

The role of parents is very vital in forming the resilience of Muslim families. Parents have the responsibility to instill religious values, including faith, worship and noble morals in their children from an early age. By being an example in practicing life according to Islamic teachings, children will learn the importance of faith and good deeds as the foundation of a strong family (Makhlouf, 2023). Apart from that, parents need to create an environment that supports communication and positive emotional relationships between family members. The Koran recommends love, justice and mutual respect as the main principles in the family. By implementing these teachings, parents can ensure that children grow up in an atmosphere of harmony and comfort, thereby establishing a framework for spiritual and moral resilience. Parents are also required to be wise in facing the challenges of the digital era. They need to supervise children's use of technology and provide guidance on how to use technology for useful things (Saebani et al., 2025). By combining teaching based on the Koran and an approach that is relevant to the times, parents are able to protect their families from negative influences while directing their children towards an Islamic life.

2. METHOD

This research is qualitative with elaboration of literature methods. Literature analysis is the main part of writing this manuscript, compilation of Islamic law and Formal Law as the main basis of discussion strengthens the formal legal approach in this manuscript. The data in this study were obtained through literature studies, no interviews were conducted with respondents and the analysis was carried out using the legal interpretation method.

3. RESULTS AND DISCUSSION

Religious education in the family is a fundamental element that not only plays a role as spiritual provision but also as a moral foundation in forming a generation of character. In the Al-Quran, religious education is the main responsibility of parents, as Allah says in Surah At-Tahrim verse 6 which reminds us of the importance of protecting the family from actions that bring destruction. Additionally, religious education helps create a deep awareness in children about Islamic values such as honesty, justice and

compassion. By encouraging children to understand the Koran and Sunnah, families can ensure that each member has a clear life path to face the challenges of modern times. A family environment that is oriented towards Islamic values will also help form spiritually strong individuals.

Religious education also creates closer relationships between family members through joint worship, such as prayer and reading the Koran. This activity strengthens a sense of togetherness while instilling positive habits. In the digital era, religious education is becoming increasingly important to face the negative influences of technology, equipping children with strong moral and spiritual abilities to choose and utilize developments wisely.

Strategies to Improve Family Communication

Strategies to improve family communication are very important to maintain harmony in an era full of challenges. The Koran teaches the importance of good communication through the principles of love and respect, as Allah says in Surah An-Nisa verse 34. Openness in talking about various problems and supporting each other is an effective way to create closer family relationships. One strategy is to set aside special time to talk in depth with family members, without the distraction of technology. Parents can initiate discussions about religious teachings or talk about daily experiences. This helps build a sense of trust and a strong emotional attachment. In families, smooth communication is a tool to strengthen solidarity and cooperation in facing various challenges. Apart from that, the use of technology can be directed at supporting family communication, such as using message sharing applications to remind each other of Islamic values. This strategy also includes using time together for useful activities such as reading the Koran, discussing, or carrying out worship activities together. In this way, each family member feels heard and appreciated, thereby creating a harmonious relationship.

Managing Time with Family in the Digital Era

Managing time with family in the digital era is a challenge that requires special attention. In the Koran, family is a trust that must be maintained with full responsibility. Limiting excessive involvement with digital devices and giving priority to shared activities can strengthen family bonds. Parents need to be role models in using their time wisely to create a harmonious home atmosphere. In addition, it is important to design a family schedule that is balanced between worldly and spiritual activities. Allocating time for group worship, such as congregational prayers or reading the Koran, can be a means of bringing closer emotional relationships while strengthening faith. Activities such as eating together without the distraction of technology are also highly recommended to encourage more intimate and in-depth communication between family members. Managing time with family also involves creating an atmosphere that supports learning about religion and moral values. By holding small discussions about Islamic teachings or reflecting on daily events based on the perspective of the Koran, families can use time together to build character and spirituality. This approach helps protect families from the negative influences of the digital era while strengthening unity in living life.

Building Spiritual Resilience in Families

Spiritual resilience in Muslim families is the main foundation for facing life's challenges. The Koran recommends that families adhere to the values of faith, where each member supports each other in improving their relationship with Allah SWT. Collective worship activities, such as congregational prayers and reading the Koran, are effective ways to strengthen spirituality that unites families in obedience to Islamic teachings. Apart from that, building spiritual resilience also involves efforts to instill noble morals and the ability to face life's trials with patience and resignation. Parents play an important role as role models for children in applying Islamic principles in every aspect of life. By providing a deep understanding of monotheism through religious discussions, families can have a strong foundation of faith collectively. In the digital era, Muslim families need to be alert to influences that can weaken spirituality. Using technology to support religious education is a good strategy, such as listening to lectures or taking part in online studies

together. With maintained spiritual synergy, families are not only able to protect themselves from negative influences but also grow into a moral fortress for the surrounding community.

Overcoming the Negative Influence of Digital Media

The negative influence of digital media needs to be overcome with steps that are in accordance with Islamic teachings to maintain the resilience of Muslim families. The Koran teaches the importance of maintaining one's views and behavior, as explained in Surah An-Nur verses 30-31. Parents must be wise in monitoring the content consumed by family members, especially children, so that it remains in line with Islamic values. Apart from monitoring, building critical awareness of digital media is the main step. Equipping families with an understanding of the dangers of morally damaging content can help each family member, especially young generation[9], choose entertainment or useful information. Parents also need to direct the use of digital media for educational and productive purposes, such as studying religious knowledge online.

Muslim families are also taught to utilize their time optimally. Limiting the time spent using digital media and replacing it with joint activities, such as discussing Islamic themes or carrying out congregational worship, can maintain family warmth. With this approach, the destructive influence of digital media can be minimized, and families remain steadfast in living their lives according to the guidance of the Koran.

Raising Awareness of the Dangers of Digital Content

Raise awareness of danger digital content[7] is an important step to protect Muslim families from the negative impacts of the digital era. The Koran teaches us to always be careful of things that can damage faith and morals, as mentioned in Surah Al-Furqan verse 72. Parents need to understand the potential damage that digital content can cause so they can direct family members effectively. This awareness can be increased by education about the social, psychological and spiritual impacts of digital content that is not in accordance with religious values. Discussions within the family regarding the dangers of content that ignores Islamic principles are an effective way to open mutual understanding. By providing concrete examples of these risks, each family member can be wiser in choosing the content they consume. In addition, it is important to integrate technology as a tool that supports religious education and character formation. Parents can introduce Islamic-based platforms or relevant educational media as an alternative to negative content. With a combination of education, supervision and an approach based on the Koran, Muslim families are able to build resilience against the negative influences of the digital world.

Building Positive Habits in the Family

Building positive habits in the family is an important step in creating a harmonious environment based on Islamic teachings. The Koran teaches that every good deed, no matter how small, will bring rewards, as mentioned in Surah Az-Zalzalah verse 7. Parents need to lead by example, such as getting used to praying together, sharing household tasks, and showing mutual respect in front of their children. Positive habits can also be formed through shared routines that are spiritually and emotionally beneficial. For example, families can set aside time to read the Koran, pray together, or talk about Islamic values in everyday life. By involving all family members in this activity, good habits are not only ingrained but also strengthen emotional relationships and increase the family's spiritual resilience.

In the digital era, forming positive habits also requires wise time management regarding technology. Families can set rules, such as limiting the use of digital devices during time together. Directing children to use technology in productive ways, such as studying or listening to Islamic lectures, provides a concrete example that good habits can be in line with current developments without forgetting religious values.

Discussion

Technology has a strategic role in supporting the resilience of Muslim families, especially in the digital era which is full of challenges. By using technology wisely, families can use it as a tool to improve education and spirituality. Examples include using applications or online platforms to study the Koran, attend virtual studies, or access Islamic educational content that is relevant for all family members. In

addition, technology can be used to strengthen communication between family members who are separated by physical distance. Digital media such as instant messaging applications or video calls make it easier for families to stay connected, share news, and support each other. Technology can also support religious traditions, such as virtual congregational prayers or sharing inspiring Islamic stories through family groups, thereby maintaining a sense of togetherness. The use of technology in the family must be based on the principles of Islamic law and supervised wisely. Parents can utilize digital device controls to ensure family members' media consumption is in line with Islamic values. By using technology as a tool, not a distraction, Muslim families can take advantage of modern advances to strengthen spiritual, emotional and social resilience in their lives.

Applying Islamic Principles in Family Life

Applying Islamic principles in family life is the key to creating harmony and strong resilience. The Koran teaches values such as justice, compassion and responsibility, which must be implemented in every aspect of family life. Husbands, wives and children have their respective roles that complement each other, all of which are directed towards the goal of forming a household that is under the blessing of Allah SWT. Islamic principles also emphasize the importance of creating a culture of worship in the family. By praying together, reading the Koran together, and fulfilling religious obligations collectively, families can strengthen spiritual and emotional bonds between their members. This is the main bulwark to face various challenges of the times, especially the temptations of foreign cultures which conflict with the Islamic values taught by the Koran. In addition, applying the principle of shura (deliberation) as a basis for family decision making reflects the values of the Al-Quran which prioritizes justice and togetherness. Each family member is given space to express their views, so that decisions taken reflect collective wisdom. By consistently implementing Islamic principles, a Muslim family can achieve spiritual resilience, social harmony and moral integrity amidst the changing currents of the digital era.

The Importance of Prayer and Worship in Strengthening the Family

Prayer and worship are the main pillars in strengthening the resilience of Muslim families. The Al-Quran recommends that every family always remember Allah in every activity, as in Surah Al-Baqarah verse 152 which emphasizes the importance of reciting remembrance of Allah to obtain blessings. By praying together, families not only draw closer to God but also strengthen emotional relationships between their members.

Family worship such as congregational prayers or reading the Koran regularly is a very effective spiritual tool in creating harmony. Through collective worship, each family member learns to submit and obey Divine rules, so that moral values and sincerity are internalized in everyday life. This habit also provides children with a concrete example of the importance of a relationship with God in dealing with every aspect of life. Apart from that, prayer is a force that connects families with inner calm and optimism. When facing life's trials, families who are used to relying on Allah through prayer tend to have better emotional stability. The Koran reminds us that only by remembering Allah will the heart become calm (QS. Ar-Ra'd: 28). Through consistent prayer and worship, Muslim families are able to face the modern era with the strength of strong faith.

Increasing Family Solidarity and Cooperation

Increasing family solidarity and cooperation is very important to maintain harmony in accordance with Islamic guidelines. The Al-Quran emphasizes the importance of helping each other in goodness and devotion, as mentioned in Surah Al-Maidah verse 2. In the family, each member has a role to support each other, both in daily life and in efforts to achieve shared spiritual goals according to Islamic teachings. Family solidarity can be strengthened through joint activities oriented towards Islamic values, such as carrying out congregational worship, discussing religious knowledge, or sharing household responsibilities. With the involvement of all members, the sense of togetherness will grow. The principle of deliberation as taught in Surah Ash-Shura verse 38 is also an important basis for creating cooperation in decision making

that involves all members. Family collaboration in the digital era also needs to be expanded by utilizing technology for positive purposes. For example, family members can search for Islamic educational content together or learn about religion online. By building mutual respect and prioritizing Islamic values, Muslim families can not only face external challenges but also create a harmonious and productive home environment.

Teaching Moral Values to Children

Teaching moral values to children is the family's main responsibility in forming a generation with noble morals. In the Koran, Allah mentions the importance of instilling kindness in children from an early age, as taught in Surah Luqman verses 13-19. Parents can start by providing real examples in everyday life, so that children learn directly about integrity, patience and responsibility. The application of moral values also needs to be adjusted to the child's development phase. Parents can use interesting methods, such as telling stories of the prophet or relating daily activities to moral lessons from the Koran. This education not only equips children with good morals but also strengthens their understanding of the importance of living life according to religious guidance, even amidst the challenges of the digital era. Apart from that, open communication is the key to instilling moral values. Children need to be invited to discuss the issues they face, both in the school environment and in the digital world, so that they understand the moral boundaries that must be maintained. With this approach, parents not only educate but also create emotional closeness, which motivates children to continue to adhere to Islamic values throughout their lives.

Building Harmonious Relationships between Family Members

Building harmonious relationships between family members requires a commitment based on love, justice and mutual understanding, as recommended in the Koran. This principle can be implemented through open communication that respects every family member regardless of age or role. An attitude of mutual support in goodness and worship is an important step to create harmony according to an Islamic perspective. In building harmony, it is important for families to involve all members in activities that are oriented towards togetherness. Habits such as eating together, praying together, or holding family discussions about religious values can strengthen a sense of solidarity. The Koran teaches the importance of shura or deliberation as a deep tool for achieving understanding, so that each member feels valued and respected.

A harmonious family is also able to deal with conflict through a wise approach based on the Koran. Principles such as forgiving, being patient and acting fairly as stated in Surah Ash-Shura verse 40 are guidelines for resolving differences without destroying relationships. By prioritizing Islamic values, family members can maintain emotional and spiritual integrity, creating an environment that fosters love and togetherness.

Managing Conflict in the Family Based on the Koran

Managing conflict in the family based on the Koran requires an approach based on Islamic values. The Al-Quran in Surah Ash-Shura verse 38 explains the importance of deliberation in resolving problems. By prioritizing good communication and open-heartedness, families can find solutions together wisely without involving emotions that damage relationships. A fair attitude is the core of effective conflict management. Apart from deliberation, the Koran emphasizes the need for forgiveness and patience in dealing with family conflicts. Surah Al-Baqarah verse 263 states that kind words and forgiveness are more valuable than alms accompanied by something painful. In this case, family members are invited to refrain from words or actions that muddy the waters and focus on improving relationships with a sincere heart.

Conflict management also requires the application of the value of love which is a pillar of the family in Islam. Surah Ar-Rum verse 21 emphasizes that Allah creates love between husband and wife and the family as a whole. By prioritizing love and mercy, conflict can be reduced and used as an opportunity to strengthen relationships. This Al-Quran-based approach helps Muslim families create sustainable harmony amidst various challenges.

The Importance of Role Modeling in the Family

Role modeling in the family has a very important role in shaping the character and morals of each member. In the perspective of the Koran, good examples from parents are the main foundation in educating children. As stated in Surah Al-Ahzab verse 21, Rasulullah SAW is the best example that must be emulated, and parents are expected to be able to implement these values in the family. A good example is not only shown through words, but rather through real actions in everyday life. Parents who consistently implement Islamic teachings, such as praying on time, being honest, and treating family members with affection, automatically encourage their children to follow these habits. Children tend to learn from behavior rather than advice, so example is the main key in forming a culture of noble morals in the household.

By being role models, parents also have a big influence in directing children's behavior in the digital era. Families who are able to demonstrate wise use of technology—only for positive things and avoiding content that is not in accordance with Islamic law—will educate children to be disciplined and intelligent in using media. In a family atmosphere that is based on good examples, the resilience of Muslim families will be stronger amidst the challenges of the times.

Increase Awareness of Family Responsibilities

Raising awareness of family responsibilities is an important step in maintaining the continuity of a Muslim family according to Islamic teachings. The Koran emphasizes the great trust given to each individual, including responsibility in carrying out their respective roles in the family. Parents, as family leaders, have the obligation to educate, guide and protect the family so that it remains on the path that is approved by Allah SWT. This awareness can be instilled through the practice of Islamic values which emphasize the importance of synergy in the household. Each family member needs to understand their role, both as parents who educate and as children who respect and follow advice. Surah Al-Baqarah verse 233 reminds us of the importance of cooperation between family members, including in meeting spiritual and educational needs, which is a strong basis for family resilience to face the challenges of the modern era. In addition, increasing collective awareness regarding shared responsibility can be done through regular discussions about religious teachings, moral values and family goals. This activity helps each family member understand the importance of their contribution in maintaining family harmony and resilience. In the digital era, responsibility involves monitoring the use of technology that can affect family relationships and values, so that all members are able to carry out these roles wisely.

Practical Solutions for Facing Digital Challenges

The digital era brings complex challenges to Muslim families, but the Koran offers many guidelines that can be applied as practical solutions. One approach is to use technology wisely to support spiritual education and share religious values. For example, families can use Islamic applications to read the Koran together or take part in in-depth online studies on morals and faith. In addition, it is important to set limits on the time of digital device use in the family. Parents need to be role models in exercising wise control over technology, such as prioritizing activities that support direct interaction between family members. By replacing time spent online with activities such as discussions, praying together, or playing, families can build closer relationships without the distraction of technology. Another strategy is to equip family members, especially children, with critical thinking skills regarding digital content. Education on identifying educational content and understanding cyber risks helps them utilize technology within the framework of Islamic values. With a combination of supervision, positive use of technology, and an approach that is consistent with the teachings of the Koran, Muslim families can optimize the digital era while maintaining spiritual and social integrity.

4. CONCLUSION

The resilience of Muslim families is an important foundation in facing various challenges of the times, especially in the digital era. Based on the guidance provided by the Al-Quran, this resilience can be formed through the application of Islamic values, such as faith, compassion, justice and responsibility. By understanding the urgency of religious education, the role of parents, and time management in the family, harmony can be maintained even amidst modern influences.

The challenges of the digital era require Muslim families to implement effective strategies in maintaining the integrity of relationships between members. The Koran provides clear directions about the importance of communication, wise use of technology, and filtering digital content to protect Islamic values. At the same time, families must build positive habits, good role models, and increase cooperation to maintain solidarity and harmony in living life.

In conclusion, Muslim families that are based on Islamic principles have the ability to survive amidst changing times. Through prayer, worship, deliberation and intelligent conflict management, moral values can be well maintained. By providing strong togetherness, using technology productively, and prioritizing faith as the main guideline, the resilience of Muslim families can be realized consistently, in line with the guidance of the Al-Quran.

5. SUGGESTION

The resilience of Muslim families, rooted in Qur'anic values of faith, compassion, justice, and responsibility, is essential in addressing the challenges of the digital era. Families are encouraged to instill religious values from an early age, strengthen communication, manage time wisely, and use technology positively with parents serving as role models. Educational and da'wah institutions should develop responsive programs such as Islamic parenting classes and digital-based learning, while policymakers are advised to promote Islamic digital literacy and collaborate with religious organizations. Future research should involve empirical studies across diverse family contexts to test the practical application of Qur'anic strategies. Through these efforts, Muslim families can maintain harmony and moral integrity while adapting to cultural and technological transformations.

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